

2022 CLASS TIMETABLE

Studio 1				Studio 2				Studio 3			
MONDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m					11-11.45am	Cupcakes Acro	2-3y	45m
								12-12.45pm	Cupcakes Acro	4-5y	45m
3.30-4.15pm	Jazz	6-7y	45m	3.30-4.15pm	Jazz	8-9y	45m	3.30-4.15pm	Acro*	Aqua	45m
4.15-5pm	Hip Hop	6-9y	45m	4.15-5pm	Jazz	5-6y	45m	4.15-5.15pm	Acro*	Green	60m
5-5.30pm	Hip Hop	4-6y	30m	5-5.30pm	Tap	5-9y	30m	5.15-6.15pm	Acro*	Violet	60m
5.30-6.30pm	Hip Hop	10-12y	60m	5.30-6.30pm	Contemporary	10-14y	60m	6.15-7.15pm	Acro*	Orange	60m
6.30-7.30pm	Hip Hop	13-14y	60m	6.30-7.30pm	Jazz	10-12y	60m	7.15-8.30pm	Acro*	Wte/Ylw	75m
7.30-8.30pm	Hip Hop	15+y	60m	7.30-8.30pm	Jazz	13+y	60m				
TUESDAYS											
								9.30-10.15am	Little Ninjas	2-5y	45m
								10.30-11.15am	Cupcakes Acro	2-3y	45m
12.30-1.15pm	Cupcakes Dance	4-5y	45m					11.30-12.15pm	Cupcakes Acro	4-5y	45m
3.30-4pm	Ballet	Prep	30m	3.30-4pm	Tap	5-9y	30m	3.30-4.30pm	Acro	Aq/Gm	60m
4-4.45pm	Ballet	Lvl 1/2	45m	4-4.45pm	Jazz	8-9y	45m				
4.45-5.30pm	Ballet	Lvl 3/4	45m	4.45-5.30pm	Jazz	6-7y	45m	4.30-5.45pm	Acro	Vio/Oge	75m
5.30-6.30pm	Ballet	Lvl 5/6	60m	5.30-6.30pm	Contemporary	15+y	60m	5.45-7pm	Acro	Wte/Ylw	75m
6.30-7.30pm	Ballet	Open	60m	6.30-7.30pm	Jazz	15+y	60m	7pm-8.30pm	THUNDER	Invite	90m
7.30-8.15pm	Pointe	Invite	45m	7.30-8.30pm	Lyrical	15+y	60m				
WEDNESDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
3.45-4.30pm	Hip Hop	6-9y	45m	3.45-4.45pm	XLR8 Juniors	Invite	60m	3.30-4.15pm	Acro	Aq/Gm	45m
4.30-5.30pm	Hip Hop	10-12y	60m	4.45-5.45pm	XLR8 Inters	Invite	60m	4.15-5pm	XLR8 Minis	Invite	45m
5.30-6.30pm	Contemporary	10-12y	60m					5-5.45pm	ROAR	Invite	45m
6.30-7.30pm	Jazz	10-12y	60m	5.45-7.00pm	XLR8 Open	Invite	75m	5.45-6.45pm	Hip Hop	13+y	60m
				7.00-8.30pm	XLR8 PrePro	Invite	90m	6.45-7.30pm	Tap	Lvl 1	45m
7.30-8.30pm	Lyrical	10-12y	60m					7.30-8.30pm	Tap	Lvl 2	60m
THURSDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
12-12.30pm	Cupcakes Tap	3-5y	30m								
3.30-4.15pm	Jazz	5-6y	45m	3.45-4.45pm	XLR8 Juniors	Invite	60m	4-4.45pm	NRG	Invite	45m
4.15-4.45pm	Ballet	Prep	30m	4.45-5.45pm	XLR8 Inters	Invite	60m	4.45-5.45pm	GRN-NVY	Invite	60m
4.45-5.30pm	Etc Dev Squad	Invite	45m					5.45-6.30pm	ILLUSION	Invite	45m
5.30-6.30pm	Contemporary	13+y	60m	5.45-7pm	XLR8 Open	Invite	75m				
6.30-7.30pm	Jazz	13+y	60m	7.00-8.30pm	XLR8 PrePro	Invite	90m	6.30-7.30pm	Jazz	15+y	60m
7.30-8.30pm	Lyrical	13+y	60m					7.30-8.30pm	Hip Hop	15+y	60m
FRIDAYS											
9.15-9.45am	Cupcakes Dance	2-3y	30m								
10-10.45am	Cupcakes Dance	3-4y	45m								
11-11.45am	Cupcakes Dance	4-5y	45m								
								12-12.45pm	Cupcakes Acro	4-5y	45m
3.30-4.15pm	Hip Hop	6-9y	45m					3.30-4.15pm	Acro	Aqua	45m
4.15-5.00pm	Jazz	6-9y	45m	4-5pm	Lyrical	10-12y	60m	4.15-5pm	Acro	Green	45m
5-5.45pm	Contemp	6-9y	45m	5-6pm	Hip Hop	10-12y	60m	5-6pm	Acro	Vio/Oge	60m
				6-7pm	Jazz	10-12y	60m				
SATURDAYS											
8.30-9am	Cupcakes Dance	2-3y	30m	8.45-9.30am	Jazz	5-6y	45m	8.45-9.30am	Cupcakes Acro	3-5y	45m
9-9.30am	Cupcakes Tap	3-5y	30m	9.30-10.15am	Tap	5-9y	45m	9.30-11am	Acro Dev. Squad*	Wte/Ylw	90m
9.30-10.15am	Cupcakes Dance	4-5y	45m	10.15-11am	Jazz	6-7y	45m				
10.15-11am	Jazz	8-9y	45m	11-11.45am	Lyrical	6-9y	45m	11-11.45am	Elite Acro Troupe	Invite	45m
11.15-11.45am	Hip Hop	4-6y	30m	11.45-12.30pm	Hip Hop	6-9y	45m	11.45-12.30pm	Acro*	Aqua	45m
11.45-12.30pm	Tap	Lvl 1	45m	12.30-1.30pm	Jazz	10-12y	60m	12.30-1.30pm	Acro*	Green	60m
12.30-1.30pm	Hip Hop	13+y	60m	1.30-2.30pm	Lyrical	13+y	60m	1.30-2.30pm	Acro*	Violet	60m
1.30-2.30pm	Hip Hop	10-12y	60m	2.30-3.30pm	Lyrical	10-12y	60m	2.30-3.30pm	Acro*	Oge/Wte	60m
2.30-3.30pm	Jazz	13+y	60m	3.30-4.15pm	Breakin Foundation	6+y	45m	3.30-4.30pm	Acro Beginners*	10+y	60m
3.30-4.30pm	Tap	Lvl 2/3	60m	4.15-5.30pm	Breakin' Cipher	Open	75m	4.30-5.30pm	Acro Open Mat*	Casual	60m
Mondays @Vasto Club				*Technique Only (no performance in concert)				Times are subject to changes without notice			
4.45-5.30pm	STARZ Dance#	Jnr	45m	#Accessible Class for students with disabilities							
5.30-6.30pm	STARZ Dance#	Snr	60m								

HOPING TO CONDENSE YOUR SCHEDULE IN 2022?

TAKE A LOOK AT SOME BACK-TO-BACK CLASS OPTIONS AVAILABLE

5-6yr Students:

Option 1: Mondays

3.30-4.15pm Aqua Acro
4.15-5pm 5-6yrs Jazz
5pm – 5.30pm 4-6yrs Hip Hop
OR 5-9yrs Tap

Option 2: Tuesdays

3.30-4pm Prep Ballet
OR 4-4.45pm Level 1/2 Ballet (6yrs only)
4.45-5pm 6-7yrs Jazz (6yrs only)

Options 3: Thursdays

3.30-4pm Prep Ballet
4-4.45pm 5-6yrs Jazz

Options 4: Saturdays

8.45-9.30am 5-6yr Jazz
OR 9-9.30am 3-5yrs Tap
9.30-10.15am 4-5yrs Cupcakes Dance
OR 6-9yrs Tap
11-11.45am Aqua Acro
OR 11.15-11.45am 4-6yr Hip Hop

8-9yr Students:

Option 1: Mondays

3.30-4.15pm 8-9yr Jazz
4.15-5pm 6-9yr Hip Hop
OR 4.15-5.15pm Green Acro
5-5.30pm 5-9yrs Tap

Option 2: Tuesdays

3.30-4.30pm Aqua/Green Acro
OR 3.30-4pm 5-9yrs Tap
4-4.45pm 8-9yrs Jazz
4.45-5.30pm Level 3/4 Ballet

Option 4: Fridays

3.30-4.15pm 6-9yrs Hip Hop
OR Aqua Acro
4.15-5pm 6-9yrs Jazz
OR 4.15-5pm Green Acro
5-5.45pm 6-9yrs Contemporary

Option 4: Saturdays

9.30-10.15am 6-9yrs Tap
10.15-11am 6-7yrs Jazz
11-11.45am 6-9yrs Lyrical
11.45-12.30pm 6-9yrs Hip Hop
OR Aqua Acro
12.30-1.30pm Green Acro

13+yr & 15+yr Students:

Option 1: Mondays

5.30-6.30pm 13+yr Contemporary
6.30-7.30pm 13-14yrs Hip Hop
7.30-8.30pm 13+yrs Jazz
OR 15+yrs Hip Hop

Option 2: Tuesdays

5.30-6.30pm 15+yr Contemporary
OR 5.30-6.30pm Level 5/6 Ballet
6.30-7.30pm Open Ballet
OR 6.30-7.30pm 15+yr Jazz
7.30-8.30pm 15+yr Lyrical

Option 3: Thursdays:

5.30-6.30pm 13+yrs Contemporary
6.30-7.30pm 15+yr Jazz
OR 6.30-7.30pm 13+yr Jazz
7.30-8.30pm 15+yr Hip Hop
OR 7.30-8.30pm 13+yr Lyrical

Option 4: Saturdays

11.45-12.30pm Level 1 Tap
12.30-1.30pm 13+yr Hip Hop
1.30-2.30pm 13+yr Lyrical
2.30-3.30pm 13+yr Jazz
3.30-4.30pm Tap Level 2/3

6-7yr Students:

Option 1: Mondays

3.30-4.15pm 6-7yrs Jazz
OR Aqua Acro
4.15-5pm 6-9yrs Hip Hop
5-5.30pm 5-9yrs Tap

Option 2: Tuesdays

3.30-4.30pm Aqua/Green Acro
OR 4-4.45pm Level 1/2 Ballet
OR 3.30-4pm 5-9yrs Tap
4.45-5.30pm 6-7yrs Jazz

Option 3: Fridays

3.30-4.15pm 6-9yrs Hip Hop
OR Aqua Acro
4.15-5pm 6-9yrs Jazz
OR 4.15-5pm Green Acro
5-5.45pm 6-9yrs Contemporary

Option 4: Saturdays

9.30-10.15am 6-9yrs Tap
10.15-11am 6-7yrs Jazz
11-11.45am 6-9yrs Lyrical
11.45-12.30pm 6-9yrs Hip Hop
OR Aqua Acro
12.30-1.30pm Green Acro

10-12yr Students:

Option 1: Mondays

4.15-5.15pm Green Acro
5.30-6.30pm 10-12yrs Hip Hop
6.30-7.30pm 10-12yrs Jazz

Option 2: Wednesdays

4.30-5.30pm 10-12yrs Hip Hop
5.30-6.30pm 10-12yrs Contemporary
6.30-7.30pm 10-12yrs Jazz
7.30-8.30pm 10-12yrs Lyrical

Option 3: Fridays

4.15-5.15pm Green Acro
OR 4-5pm 10-12yrs Lyrical
5-6pm 10-12yrs Hip Hop
OR 5.30-6.30pm Violet/Orange Acro
6-7pm 10-12yrs Jazz

Option 4: Saturdays

11.45-12.30pm Level 1 Tap
12.30-1.30pm 10-12yrs Jazz
1.30-2.30pm 10-12yrs Hip Hop
2.30-3.30pm 10-12yrs Lyrical
3.30-4.30pm 10+yrs Beginner Acro

**There are so many
more class options to
choose from!**

**We recommend you
take your time in going
through all of the class
options that suit your
schedule.**

**If you have any
questions at all about
our 2022 classes,
please do not hesitate
to contact us!**