

MONDAY MAIL OUT

Dance
etc.

Term 1, Week 9

END OF TERM- HAPPY EASTER

Who can believe that the final week of Term 1 has arrived! Just a reminder that due to the Easter Long Weekend classes will finish on THURSDAY 1ST APRIL (no classes on Friday or Saturday!). Thank you so much for such a wonderful first term of dance in 2021, we would like to wish you all a wonderful break and we look forward to seeing you all back in the studio very soon. Remember we will have 4 more days of dance for you to make the most of our FREE TRIAL offer currently running for a number of classes, this offer is exclusive to current Dance etc families so make sure you look through the schedule and use these last few days to give a new style of dance a go.

TERM 2 DATES

Term 2: Monday 19th April – Saturday 3rd July

ANZAC Day L/Weekend (Mon 26th April): CLASSES RUNNING AS NORMAL

WA Day L/Weekend (Sat 5th – Mon 7th June): CLASSES RUNNING AS NORMAL

SCHOOL HOLIDAY CLASSES

We are offering several different holiday classes you keep you active over the break. All classes are just \$10, email admin today to secure your place.

COMMERCIAL WORKSHOPS: Wednesday 7th April

Join Miss Cassie for an upbeat, fierce jazz funk/commercial class perfect for both jazz and hip hop students (or anyone looking to try something new!).

8-12yrs at 3pm – 4pm

13+yrs at 4pm – 5pm

SPECIALISED ACRO WORKSHOPS: Tuesday 13th April

These workshops are perfect for a passionate acro student looking to perfect a challenging skill to move to the next acro level. Students will focus in on a set skill and be provided with several drills and exercises to help them achieve their goal. They will also be provided with a take home sheet with personalised feedback to assist with their at-home practice and guide them through progressions necessary to master each skill.

Bend Back Workshop at 10am – 11am

The aim of this workshop is to help your child to successfully perform a bendback unassisted from standing!

Pre Requisite: Hold Bend Back for 10 seconds

Still Working On: Going down & Recovering from Bend Back

Basic Tumbling Workshop at 11am – 12pm:

The aim of this workshop is to help your child gain additional strength & conditioning needed to gain their front & back tinskis

Pre Requisite: Go Down & Recover from bend back

Still Working On: Forward & Back Tinskis

Specialised Aerial Workshop at 12pm – 1pm

The aim of this workshop will be to work on progressions specific to helping your child perform a side aerial!

Pre Requisite: Front & Back Tinski (Violet, Orange, White students only)

Still Working On: Mastering Any Aerial Skills

ACRO OPEN MAT SESSIONS: Friday 9th and Friday 16th April

Make sure your acrobat is keeping up their strength and flexibility over the school holidays and maintaining their current skill level. Over the holiday break it is common for our muscle memory to lose some of their more challenging skills so by coming in over the holidays it ensures they keep up their tricks and are ready to kick off exactly where they left when they are back in class for Term 2!

Fri 9th (Aqua/Green/Violet Students) at 1pm – 2pm

Fri 9th (Orange/White/Yellow Students) at 2pm – 3.15pm

Fri 16th (Aqua/Green/Violet Students) at 10am – 11am

Fri 16th (Orange/White/Yellow Students) at 11am – 12.15pm

HOLIDAY ADMIN HOURS

As always admin will still be available over the School Holidays to answer any questions you may have leading up to Term 2. Please see below for our hours:

Tue 6th - Fri 9th: 9am – 2.30pm

Mon 12th – Thur 15th: 8am – 2pm

Fri 16th: 8am – 1pm